

星期五
FRIDAY

NOV
21

早餐 Breakfast

蒸奶皇包 Steamed Custard Bun
蒸蝦餃 Steamed Shrimp Dumpling
白果粥 Congee with Gingko
炒蛋 Scrambled Egg



午餐 & 晚餐 Lunch & Dinner

湯 Soup

蓮藕合桃腰果素湯
Lotus Root, Walnut and Cashew Soup

主菜 Main

酸菜蘿蔔炆牛肋條 Braised Beef Short Rib and Radish with Sauerkraut
麥樂雞 Chicken Nugget
冬菜粉絲蒸魚柳 Steamed Fish Fillet with Preserved Vegetable
芝士粒粒蕃茄焗豬扒飯 Baked Pork Chop Rice with Cheese and Tomato
時令蔬菜 Seasonal Vegetable

甜品 Dessert

蜂蜜薑茶 Honey Ginger Tea



宵夜 Supper

雜菜炒公仔麵 Stir-fried Instant Noodle with Assorted Vegetable
湯牛丸 Beefball
芫荽碎牛粥 Congee with Minced Beef and Coriander