

星期一
Monday

Oct
19

早餐 Breakfast

五香肉丁湯通粉 Spiced diced pork macaroni in soup

雞肉腸 Chicken sausages

柴魚花生粥 Dried bonito and peanut congee

烰蛋 Boiled eggs

午餐 & 晚餐 Lunch & Dinner

沙律吧 Salad bar

湯 Soup

花旗參雞腳豬骨湯 American ginseng, chicken feet, and pork bone soup

主菜 Main

蕃茄炆牛肋條 Braised beef short ribs with tomatoes

瑞士汁雞中翼 Swiss sauce chicken mid-wings

三色蒸水蛋 Steamed three-colored eggs

上海粗炒 Shanghai-style fried thick noodles

白灼油菜 Poached seasonal greens

糖水 Sweet Soup

夏桑菊 Prunella and chrysanthemum herbal tea

宵夜 Supper

雞粥 Chicken congee

炸吉列魚柳配粟米白汁 Deep-fried fish cutlet with sweetcorn white sauce

香蔥炒飯 Fried rice with scallions