

星期一
MONDAY

MAY
11

早餐 Breakfast

午餐肉湯通粉 Macaroni in Soup with Luncheon Meat
雞肉腸 Chicken Sausage
蟹肉粥 Crab Congee
焗蛋 Boiled Egg

午餐 & 晚餐 Lunch & Dinner

沙律吧 Salad Bar

湯 Soup

芥菜黃豆豬骨湯 Mustard Greens, Soybean and Pork Bone Soup

主菜 Main

南瓜粟米蒸肉餅 Steamed Minced Pork Patty with Pumpkin and Sweet Corn
翠玉瓜炒雞柳 Stir-Fried Chicken Fillet with Zucchini
冬菜蒸鯪魚 Steamed Grass Carp with Preserved Vegetables
百味鮮魷三蔥炒烏冬
Stir-Fried Udon with Squid and Three Types of Scallion
白灼油菜 Poached Seasonal Greens

糖水 Sweet Soup

夏枯草 Self-Heal Herb Drink

宵夜 Supper

雞粥 Chicken Congee
炸吉列魚柳配粟米白汁 Fried Breaded Fish Fillet with Creamy Corn Sauce
香蔥炒飯 Scallion Fried Rice