

星期三
WEDNESDAY

Oct
21

早餐 Breakfast

雲吞湯米 Wonton rice vermicelli in soup
火腿 Ham
地瓜粥 Sweet potato porridge
焗蛋 Boiled eggs

午餐 & 晚餐 Lunch & Dinner

沙律吧 Salad bar

湯 Soup

冬瓜薏米豬骨湯 Winter melon, barley, and pork bone soup

主菜 Main

黃豆醬蒸牛仔骨 Steamed beef short ribs in soybean paste
梅菜蒸肉餅 Steamed pork patty with preserved mustard greens
湯白魚蛋 White fish balls in soup
燒鴨湯瀨粉 Roasted duck lai fun in soup
白灼油菜 Poached seasonal greens

糖水 Sweet Soup

雞骨草 Chinese canton love-pes vine tea

宵夜 Supper

皮蛋肉碎粥 Pork and preserved egg congee
懷舊粉仔 Nostalgic Hong Kong-style silver needle noodle soup
湯牛丸 Beef meatballs in soup