

星期三
WEDNESDAY

Sep
02

早餐 Breakfast

墨魚丸&貢丸湯米線

Cuttlefish balls and pork meatballs rice vermicelli in soup

火腿 Ham

南瓜粥 Pumpkin porridge

烩蛋 Boiled eggs

午餐 & 晚餐 Lunch & Dinner

沙律吧 Salad bar

湯 Soup

蓮藕章魚豬骨湯 Lotus root, dried octopus, and pork bone soup

主菜 Main

蒜蓉蒸排骨 Steamed pork ribs with minced garlic

蒜蓉黑椒洋蔥爆炒牛腩

Stir-fried ox tongue with black pepper, garlic, and onions

墨魚丸 Cuttlefish balls

燒鴨湯瀨粉 Roasted duck lai fun in soup

白灼油菜 Poached seasonal greens

糖水 Sweet Soup

紅豆沙 Red bean soup

宵夜 Supper

鹹排骨粥 Salted pork rib congee

懷舊粉仔 Nostalgic Hong Kong-style silver needle noodle soup

湯牛丸 Beef meatballs in soup