

星期三
WEDNESDAY

NOV
19

早餐 Breakfast

白菜豬肉水餃湯米線 Rice Noodle with Pork and Vegetable Dumpling
火腿 Ham
地瓜粥 Congee with Sweet Potato
炒蛋 Scrambled Egg



午餐 & 晚餐 Lunch & Dinner

湯 Soup

西洋菜陳腎豬骨湯
Pork Bone Soup with Watercress and Duck Gizzard

主菜 Main

霸王雞 Poached Chicken
鮮茄金菇煮肥牛 Beef with Tomato Sauce
豉汁蒸鱸魚 Steamed Fish with Black Bean Sauce
粟米肉粒飯 Corn and Pork Cube Rice
時令蔬菜 Seasonal Vegetable

甜品 Dessert

綠豆沙 Mung Bean Paste



宵夜 Supper

碗仔翅 Faux Shark Fin Soup
湯貢丸 Meatball
皮蛋肉碎粥 Congee with Century Egg and Minced Pork