

星期五
FRIDAY

Oct
9

早餐 Breakfast

蒸蔥花卷 Steamed scallion rolls
蒸蝦餃 Steamed shrimp dumplings
銀杏粥 Ginkgo nut congee
烩蛋 Boiled eggs

午餐 & 晚餐 Lunch & Dinner

沙律吧 Salad bar

湯 Soup

肉骨茶 Bak kut teh

主菜 Main

黑椒洋蔥炒牛脷 Stir-fried ox tongue with black pepper and onions
豉汁蒸排骨 Steamed pork ribs in black bean sauce
清蒸鯪魚 Steamed grass carp
粟米雞粒飯 Chicken cubes and sweetcorn rice
白灼油菜 Poached seasonal greens

糖水 Sweet Soup

羅漢果 Monk fruit tea

宵夜 Supper

芫荽碎牛粥 Minced beef and cilantro congee
滷水蘿蔔豬大腸湯油麵
Oil noodles in soup with soy-marinated radish and pork chitterlings
湯白魚蛋 White fish balls in soup