

星期一
MONDAY

MAR
2

早餐 Breakfast

素鮑片 & 火腿湯通粉 Sliced Vegetarian Abalone and Ham Soup Macaroni
雞肉腸 Chicken Sausage
蟹肉粥 Crab Meat Congee
焗蛋 Boiled Egg

午餐 & 晚餐 Lunch & Dinner

沙律吧 Salad Bar

湯 Soup

西洋菜陳腎豬骨湯 Watercress Pork Kidney Pork Bone Soup

主菜 Main

薑蔥蒸雞翼 Steamed Chicken Wings with Ginger Spring Onion
梅菜蒸肉餅 Steamed Minced Pork with Preserved Vegetables
炸鱸魚 Deep Fried Fish
XO醬炒蝦米腸粉 Stir Fried Rice Noodle Rolls with Dried Shrimp XO Sauce
白灼油菜 Poached Seasonal Greens

糖水 Sweet Soup

夏枯草 Selfheal Herbal Tea

宵夜 Supper

雞粥 Chicken Congee
日式咖喱牛肉 Japanese Style Curry Beef
香蔥炒飯 Fried Rice with Green Onion