

星期一
MONDAY

MAR
9

早餐 Breakfast

餐肉湯通粉 Macaroni in Soup with Luncheon Meat
雞肉腸 Chicken Sausage
柴魚花生粥 Dried Bonito and Peanut Congee
炒蛋 Scrambled Egg

午餐 & 晚餐 Lunch & Dinner

沙律吧 Salad Bar

湯 Soup

五指毛桃沙參淮山豬骨湯
Five-finger Peach, Sand Ginseng, Chinese Yam and Pork Bone Soup

主菜 Main

黑椒蒸雞翼 Steamed Chicken Wings with Black Pepper
南瓜粟米蒸肉餅 Steamed Minced Pork Patty with Pumpkin and Sweet Corn
蒜蓉辣椒青豆角炒鮮魷 Stir Fried Fresh Squid with French Beans Garlic Chili
蔥油豬扒飯 Rice with Pork Chop in Scallion Oil
白灼油菜 Poached Seasonal Greens

糖水 Sweet Soup

杏仁露 Almond Sweet Soup

宵夜 Supper

雞粥 Chicken Congee
吉列豬扒配洋蔥汁 Deep Fried Pork Cutlet with Onion Sauce
香蔥炒飯 Fried Rice with Spring Onion